



Crewe Alexandra FC Community Trust

2018-2019



**Premier League
Primary Stars**

Offer

The Trust

Crewe Alexandra Football Club Community Trust works very closely with local schools to offer a range of opportunities to young people to improve their health, social skills and physical literacy.

Our staff are highly motivated, with experience delivering a range of physical education sessions, sports and activities and hold the appropriate qualifications which allows them to lead a group of young people in any activity of the schools choosing, as well as being able to support school staff to improve confidence, knowledge and skills within their P.E delivery.

Minimum guidelines:

Minimum requirement of holding a UKCC Level 2 coaching qualification.

Additional recommendations:

- Sports Coach UK considers the 1st4sport Level 2/3 Qualifications in Supporting Learning and Delivery of P.E and School Sport to be highly valuable
- Outstanding coaches may also possess a Multi-Skills Level 2 qualification

(the above guidelines and recommendations come from the Sports Coach UK Online Toolkit, as signposted by the Government)

Crewe Alexandra FC Community Trust staff:

We ensure our team of staff deliver under the above guidance for schools within Crewe and the Cheshire East County Council guidance for schools within Cheshire, by ensuring that all staff:

- Either hold or are working towards their AFPE Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport
- Hold the 1st4Sport Level 2 Certificate in Multi-Skills Development
- Have attended Sports Coach UK workshops such as:
 - A Guide to Mentoring Sports Coaches
 - Positive Behaviour Management in Sport
 - Coaching Children 5-12
- Hold various other coaching qualifications such as Level 2 certificates in Athletics, Basketball, Dodgeball, Football and Gymnastics, Level 1 certificates in Handball, Rugby League and Table Tennis, and Coaching Awards in High 5 Netball and Tag Rugby.

P.E Premium Outcomes



P.E Premium Outcomes

Explanation and how the Community Trust can support your school

Outcome 1 – Increased knowledge, confidence and skills of all staff in teaching P.E and sport (see Teacher P.E Delivery Pathway on page 12)

How can the Community Trust support your school to achieve this outcome?

- In-school P.E delivery support, with a personalised CPD log for each member of staff
- CPD workshops
- Bespoke INSET day workshops
- In-school P.E support

Outcome 2 – The profile of P.E and sport being raised across the school as a tool for whole school improvement

How can the Community Trust support your school to achieve this outcome?

- Club competition/incentives
- Cross-curricular activities
- High quality P.E lessons
- After-school sports clubs
- Assemblies

Outcome 3 – Engagement of ALL pupils in regular physical activity

How can the Community Trust help your school to achieve this outcome?

- High quality P.E lessons
- After-school sports clubs

Outcome 4 – Broader experience of a range of sports and activities offered to all pupils

How can the Community Trust support your school to achieve this outcome?

- Additional P.E delivery
- Extra-curricular activities

Outcome 5 – An increased opportunity to participate in competitive tournaments

How can the Community Trust support your school to achieve this outcome?

- Gifted and Talented camps
- Talent ID sessions
- Events:
 - Kids Cup (competition for a Year 5/6 football team)
 - KS1 football festival
 - Multi-Sport festivals

P.E. Curriculum Delivery (for Reception-Year 6 pupils)

Can be delivered to all year groups, taking into account the aims of the national curriculum for physical education.

This programme can be used to deliver any aspect of the national curriculum from the following areas:

- Running, jumping, throwing and catching (KS1)
- Running, jumping, throwing and catching in isolation and combination (KS2)
- Develop balance, agility and co-ordination, and applying them in a range of activities (KS1)
- Develop flexibility, strength, technique, control and balance (through athletic and gymnastic movements) (KS2)
- Dance using simple movement patterns (KS1)
- Dance using a range of movement patterns (KS2)
- Play competitive games that may be modified and apply basic attacking and defending principles (KS2)

Extra-Curricular Activity (for Reception-Year 6 pupils)

These are delivered alongside the curriculum programmes, or can be arranged separately and can be delivered as either breakfast, lunch-time or after-school clubs, helping schools to provide high quality sports opportunities outside of the curriculum. Activities delivered include:

- Lunch time games focussing on targeted children aimed at reducing number of incidents at lunch time
- Sport-specific team training
- After-school clubs focussed on targeting children that are less active than others, helping them to enjoy physical activity through fun orientated games and also offering ideas of how they can keep active outside of school

English (intervention for Years 4-6 pupils)

A 7-week project titled 'The reading journey' that looks to use the power of sport to enthuse and motivate pupils to read and write in more frequency outside of the classroom.

Maths (intervention for Years 4-6 pupils)

A 7-week project titled 'Maths attack' that looks to use the power of football statistics to enthuse and motivate pupils to use their maths skills while using match attack cards and football data.

The Crewe Alex 'Mini Movers' – Basic Fundamental Challenges (for Year 1-2 pupils)

Fundamental skills programme that teaches, improves and challenges children and can be delivered to all year groups during curriculum time. This programme covers the following areas:

- Spatial awareness

- SAQ
- Hand-eye co-ordination
- Circuit training/ABC's
- Balance
- Games week incorporating the above

2017-2018 Impact

Pupils

Pupils that were engaged in our P.E. lessons were asked for their thoughts to investigate the impact of the lessons and what the pupils had learnt.

- 99.6% of pupils felt they had become more confident in P.E. as a result of our P.E. lessons
- 100% of KS1 pupils said they enjoyed our P.E. lessons
- 98.4% of KS2 pupils said they were more confident in communicating with other pupils as a result of our P.E. lessons
- 96.9% of KS2 pupils said they were more confident in collaborating with other pupils as a result of our P.E. lessons
- 98.2% of pupils were able to successfully answer a 'can you tell me/show me' question related to their learning during P.E. lessons.

Overview of School Staff CPD Options

| Year | SLT | P.E lead | Teacher | T.A | Welfare |
|-----------------------------------|-----|----------|---------|-----|---------|
| Strategy and development planning | | | | | |
| P.E delivery support | | | | | |
| P.E PPA support | | | | | |
| CPD workshops | | | | | |

Strategy and development planning (for SLT and P.E leads, or any other relevant staff)

The Senior Physical Education Officer will assist the relevant member of staff (Head, Deputy Head, P.E lead) in writing a three year P.E and School Sport strategy and development plan. This will help schools with their P.E Premium funding, clearly identifying areas of weakness and prioritising the areas for development with a strategically thought out plan. This will fall in line with the P.E Premium funding outcomes and clearly show the direction the school wish to go in.

P.E delivery support

Crewe Alex FC Community Trust staff assist the delivery of P.E. lessons which are led by the teaching staff, aiming to support them with their delivery and offer guidance and advice. Our staff work closely with the teaching staff to discuss their strengths/weaknesses of delivery and aim to offer fresh ideas and viewpoints to increase the quality of P.E. across the school.

See our pathway for teachers and their P.E delivery on page 10

P.E support (for SLT, P.E leads and teachers)

New for the 18-19 academic year, Crewe Alex FC Community Trust are offering schools the option of using our staff for a different approach to CPD. In addition to the in-lesson P.E support, our staff will work alongside school staff supporting them away from the P.E lesson. This could be during the teachers PPA time or another suitable time throughout the week. This gives school staff the opportunity to sit down and review their planning and delivery with the guidance of our staff.

CPD workshops (for any staff involved within the planning and/or delivery of P.E)

Throughout the course of the academic year, Crewe Alexandra F.C. Community Trust will provide training opportunities for school staff. These come in the form of workshops that are delivered in either of the following methods:

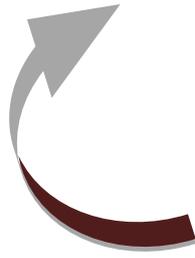
- Workshops held and delivered at the 'Gresty Road/Alexandra Soccer Centre'
These provide a neutral venue for school staff and the opportunity to network and share learning with staff from other schools
- Workshops held at the school on INSET day
These give school staff the opportunity to receive training collectively, with the school being able to target specific groups i.e. members of staff within a year group or Key Stage. Crewe Alex FC Community Trust staff are able to use the school facilities and equipment to ensure the workshop is relevant to their environment.

Teacher P.E Delivery Pathway



Step 1

- Teacher delivers high quality P.E independently
- CAFC Coach provide P.E preparation support
- CAFC Coach observe and provide



Step 2

- Teacher leads lesson
- CAFC Coach



Step 3

- Team teach approach
- Joint lesson planning



Step 4

- CAFC Coach lead lesson
- Teacher observe

2017-2018 Impact

8 Cheshire East primary schools received a form of provision in the academic year 2017-2018, with 8 schools buying into additional P.E. services through the usage of their P.E Premium funding. This entailed P.E. delivery, supporting and developing teachers with their P.E. delivery and delivering extra-curricular activities.

Teachers

The Community Trust have provided in-school P.E support to 17 members of school staff, through the schools usage of the P.E Premium and the Premier League Primary Stars programme. Each half-term block of P.E support is tailored to suit the individual needs of that member of staff, and look at improving their knowledge, confidence and skills within P.E delivery. Staff were asked to complete a pre and post support evaluation form, which showed if teachers felt they had improved in a variety of areas.

- 90% of school staff felt their knowledge of the topic had improved
- 95% felt their confidence had increased
- 92% felt their ability to differentiate had improved
- 95% felt their ability to use Assessment for Learning effectively had improved.

(based on 17 completed evaluation forms)

The Community Trust have also hosted and delivered a variety of CPD workshops in which staff from all schools were invited to, as well as bespoke CPD workshops in schools during INSET days. These workshops included KS1 P.E and lunch-time games/activities. 14 members of school staff, including teachers, TA's and welfare staff, were asked to complete a feedback form to show the impact the workshop had. A rating scale of 0-10 was used (0 being the lowest and 10 being the highest).

- 80% of school staff in attendance rated a score of 8 or higher when asked if their knowledge of the topic had improved
- 85% of school staff in attendance rated a score of 8 or higher when asked if their confidence in delivering had increased.

PE Premium – Primary Stars School Offer

Bronze packages

| Delivery Package | Support Package |
|---|---|
| <p>Primary P.E. Programme 3 x half-terms. Half a day each week (morning or afternoon)</p> <ul style="list-style-type: none">• P.E. lessons delivered by Crewe Alex FC Community Trust staff.• Each block will consist of 1 extra-curricular activity (Breakfast, Lunch or Gifted & Talented club), with a morning or afternoon of P.E. curriculum delivery.• Lessons can be with any year group. Look to improve fundamental and Invasion skills needed to take part in any sport. | <p>School staff P.E. delivery CPD 3 x half-terms. Half a day each week (morning or afternoon)</p> <ul style="list-style-type: none">• Crewe Alex FC Community Trust staff work with school staff to support their P.E delivery, aiming to increase knowledge, confidence and skills.• Each block will consist of 1 extra-curricular activity (Breakfast, Lunch or Gifted & Talented club), with a morning or afternoon of P.E. support.• Support can be with any year group.• All support is aligned with Ofsted regulations. |

OR

INCLUDING

– English/Maths programme

7 - Week classroom based intervention to encourage less able and less motivated Year 4 to 6 pupils to develop an interest and engage with reading and writing using interactive delivery methods. This can also be used with Maths.

Teacher CPD Days

- Bespoke workshops to be delivered at the school on an inset day to offer CPD opportunities to school staff
- Will include a range of activities and games teachers can use as part of the curriculum delivery and also out of school hours
- Invitations to workshops held at Crewe Alexandra FC, offering a neutral venue for teachers to attend and network with teachers from various schools, sharing experiences, knowledge and ideas.

Signed Football

The Crewe Alexandra FC playing squad will sign a football for school to use however they feel is best. Ball can be raffled to raise money for school or given as a prize to a well-deserved pupil.

Free tickets

Each school will be given a select year group allocation of tickets to a Crewe Alexandra F.C. home match during the 2018-2019 season. *(This can be used as a class reward).*

Advice and Support

Crewe Alexandra FC Community Trust can provide support in making school to club links or any other sports development related advice the school may need.

Alternative packages

Silver package:

- Delivery or Support Package is increased from half a day of provision for 3 half-terms to half a day of provision for 1 full academic year
- A mascot package (worth £250) to a Crewe Alexandra F.C. home match for one pupil at the school.

Gold package:

- Delivery or Support Package is increased to 1 full day of provision throughout the entire academic year
- A mascot package (worth £250) to a Crewe Alexandra F.C. home match for one pupil at the school
- Use of the 3G facility, 4 selected times over the academic year for school football games
- A Crewe Alex FC Community Trust Class Day, where a full class of the schools choice is invited to spend their school morning at the Gresty Road stadium. This includes an assembly, morning lessons and dinner facilities (please note dinner will not be provided). This prize can be used as an in-house class competition, aiming to boost an area of development within the school i.e. reading at home, attendance levels
- Support in writing a three year P.E strategy designed to help keep a lasting legacy once the P.E Premium funding expires in 2020.

For more information on costs or to discuss a bespoke package, contact the Sports Development Officer, Jordan Edwards via:

Telephone: 01270 216682

E-mail: jedwards@crewealex.net